



Companionship Calls - The Benefits

Companionship calls are just one of the vital services that Eden Care at Home provides every day to many clients



What is a Companionship Call and who does this benefit?

Here at Eden Care at Home, one of the services we provide to our clients is Companionship calls. This service provides care in a slightly different way, but by no means any less important to our clients.

These calls can be needed for a number of reasons. It could be that the family has taken on the majority of the responsibility of providing daily care, but occasionally they need a well-earned break, or need to attend appointments and don't want to leave their loved one alone.

For our more independent clients they sometimes chose these types of calls in order to access the community, something which they feel they could not achieve if they didn't have the support from one of our dedicated care workers.

Whatever the reason may for one of these calls, our carer's can provide a variety of services, tailored to each of the client's needs and wishes. It may be that the client wants to go shopping, meet with friends for lunch, attend events or gatherings, go for a walk in the park, play games and puzzles in the comfort of their home, or simply to have someone to talk with and have a laugh, it really is up to the individual how they want to spend this time, and each call can be very different. Companionship calls can be of varying times from one to a couple of hours, and can be any day of the week to suit your needs.

Would a Companionship call be the right choice for you or your loved one? For more information or to book a meeting, call one of our friendly, caring team, who will be happy to have a chat and discuss these calls in more detail.

Our phone number is 01753 885 556 - or you are more than welcome to pop by our offices at any time, we shall have the kettle on, and there are always some tasty biscuits around!

7 Benefits of our Companionship Calls

- ★ Prevents Loneliness ★
- ★ Avoids Social Isolation ★
- ★ Maintains Social Skills ★
- ★ Increase Sense of Purpose ★
- ★ Encourages Healthy Mental Stimulation ★
- ★ Encourages Positive Thoughts & Interactions ★
- ★ Reduces Memory Loss with Reminiscing ★