



# EdenCare at home

Eden Care is proud of our flexible approach to the provision of care. We are able to accommodate clients needs and preferences, whether short or long term we will do our best to match your preferences with staff who are happy to work in short or longer-term patterns.



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## The benefits of live-in care

Live-in care offers clients the freedom to remain independent in the familiarity of your home for as long as you choose. It is designed to allow elderly people, in particular, to remain safe in their own homes, utilising the support and care of a professional. Live-in care, rather than preclude enables clients to continue to adopt their familiar and trusted routine, habits and practices in the safety and comfort of their own home.

## Contact Eden Care at Home...

01753 88 55 56

[info@edencareathome.co.uk](mailto:info@edencareathome.co.uk)

Edencare at home: Europa Court  
Marsham Way, Gerrards Cross, Bucks SL9 8BQ



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and regulated  
by the CQC



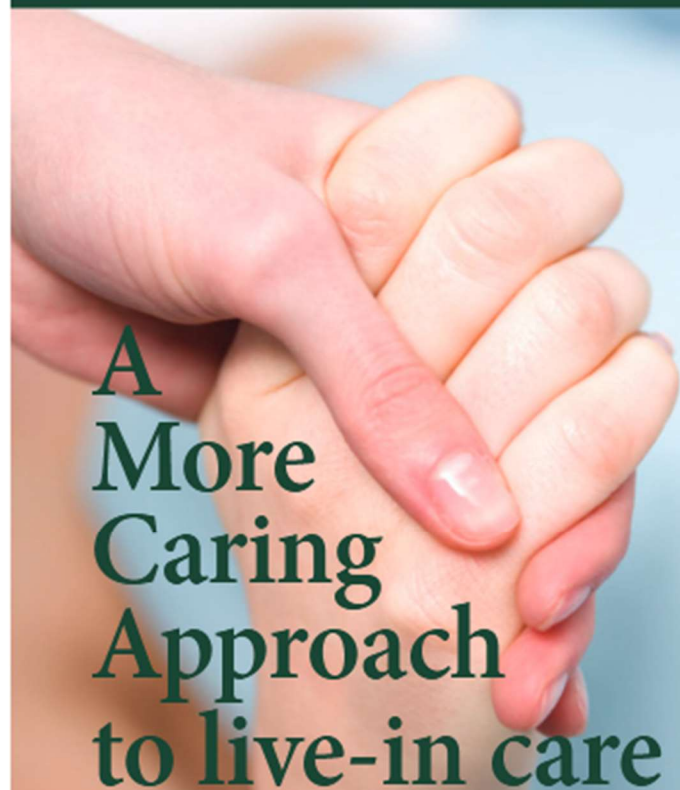
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## A More Caring Approach to live-in care

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## How might our live-in carer assist you?

Because each of our client's is an individual and unique, the answer will necessarily change...however rest assured, the carer will assist you or support you at your direction, helping with all the daily tasks of living. Meeting each of your needs and aspirations, while providing as much or as little companionship as you choose.

Before any support begins we develop an understanding of your needs and wishes and after a couple of weeks of supporting you in your home, we will reassess and amend your tailored care plan as required.

Typical broad heading of our services is described below:

- Personal Care
- Daily Housework
- Laundry
- Cooking
- Night Sits
- Sitting services
- Escort Services

## Live-in care Vs retirement home?

This will always be a personal and difficult decision. There are no right and wrong answers, merely preferences. Factors which will need to be taken into account in any balanced evaluation are:

- A person's "secure base", that place where psychologically they feel safe and "at home"
- A person's family and social network; when and how often you choose to meet is a lot to give up.
- "At home" amongst your memories - while we are all encouraged to live in the here and now, many of us feel happiest when with family and friends in familiar surroundings.
- Financial evaluation - while money is not the most important criteria, most of us have a budget we have to live within and remaining at home is often a less expensive alternative.
- A sense of identity and independence versus being one of a crowd.



## Is live-in care for everyone?

Live-in care is suitable for individuals or couples. All you require is a spare room for your carer and the use of a bathroom. If you prefer privacy, the carer can remain in their room when they are not required. If you require companionship the carer is available at your request.

### What happens at meal times?

The client is expected to provide all meals and drinks for the carer. The carer will cook and clear away and eat with the client at their discretion and direction.

### Is the live-in carer on call 24/7?

The carer will be in the home most of the time, though they may choose to leave the house when they are on their daily 2-hour break. The break time is at the client's discretion, usually around mid-afternoon. If the client's needs are such that they cannot be left alone, Eden Care are happy to arrange for one of our daily carers to attend if the family are not available.

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